## **Please adapt this invitation for your team and setting before sending it to parents – it will help them get the most out of your visit and the ELIM-I measure.**

## **Review Invitation**

This is an invitation to attend your child’s 2-2½ year review with your Health Visitor [add name and role here].

**Why does my Health Visitor want to review my child at 2-2½ years?**

This check-up is offered to every family when their child turns 2 years old. It gives you a chance to ask about anything you want to know more about, find out how your child is doing, and discuss any worries or concerns.

When your child turns 2, it is a key time for the development of speech, language, social, emotional, and cognitive skills, gaining independence and learning new skills and behaviours.

It is a good time to catch up with your Health Visitor and think about your child’s next stage.

**What questions will I be asked?**

You will be sent a questionnaire about your child’s development to fill in before the review (the Ages and Stages Questionnaire). A health visitor can help you with this.

During the appointment, the Health Visitor will talk to you about your child’s language development and general development. A measure called the Early Language Identification Measure (ELIM-I Measure) will be completed with you. This involves a word list which you will complete based on the words that your child can currently say. The list of words includes some which you would expect lots of children to say at this age and some which only very few children will say. We do not expect your child will know all of the words on the list. The Health Visitor will also observe your child playing. This is not a test, but it is a way of getting to know your child better as all children develop at different rates.

The Health Visitor will:

* Review your child’s development
* Discuss any concerns or address any worries you have about your child’s development
* Offer guidance and advice to support your child’s development
* Provide information and signposting to relevant services

**Things to think about before coming to the review**

Here are some ways that you can prepare for your conversation with the Health Visitor.

* Write down any words you have heard your child use on more than one occasion.
* Write down what happens when you share books with your child. Keep a few notes on how this goes
* Keep note of any worries, concerns, or questions about your child that you would like to ask the Health Visitors about
	+ **What kinds of questions should I ask my health visitor? - BBC Tiny Happy People:** <https://www.bbc.co.uk/tiny-happy-people/asking-health-visitor-questions/z7wh7yc>

**Helpful resources to support you and your child**

* **Speech and Language UK Ages and Stages:** [**https://speechandlanguage.org.uk/talking-point/parents/ages-and-stages/**](https://speechandlanguage.org.uk/talking-point/parents/ages-and-stages/)- A guide to the typical stages of speech and language development in babies, children and young people
* **BBC’s Tiny Happy People:** [**https://www.bbc.co.uk/tiny-happy-people**](https://www.bbc.co.uk/tiny-happy-people)- Offers a range of free activities, videos and articles designed to support parents/carers and children from pregnancy through to 5 years old
* **NHS Start for Life** [**https://www.nhs.uk/start-for-life/toddler/learning-to-talk/learning-to-talk-2-to-3-years/**](https://www.nhs.uk/start-for-life/toddler/learning-to-talk/learning-to-talk-2-to-3-years/) - Provides valuable information and resources for parents to boost their children’s language and literacy development with fun, everyday activities
* **Institute of Health Visiting Parent Tips:** **<https://tinyurl.com/HealthVisitorParentTips>** - Tips to support your child’s language and communication development